

English User's Manual come with this product.  
Please download the other language's User's Manual version from this link (<https://www.ya-man.co.jp/en/support/documents/>) or scan with QR code with your camera phone.  
Please carefully read User's Manual to ensure safe and proper use of the device.



TO ACCESS SCAN WITH  
YOUR CAMERA PHONE

## User's Manual

Home-care Beauty Device	Bloom 6	YJFS16PN
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## Introduction

Thank you for purchasing this YA-MAN product.

- Please read this User's Manual carefully for information on how to use the device properly and safely.
- After reading the contents hereof, be sure to keep this User's Manual in an accessible location.
- Make sure to include this User's Manual if you are transferring ownership of the device to another person.

## Safety Precautions

- Read these Safety Precautions carefully before using the device.
- Use the device sensibly in accordance with the prescribed steps.
- Immediately discontinue use and arrange to have the device repaired if any abnormality occurs.
- Do not use the device in a defective state, as doing so could cause a physical harm to the user.
- The precautions listed in the User's Manual are very important. For your safety, please follow them carefully.
- Precautions are classified as DANGER, WARNING, or ATTENTION in order to clearly specify the level of danger and possible injury or damage that may occur if the device is misused.

### ● Classifications of Precautions



Improper use of this device poses a severe and likely risk of death or serious injury.



Failure to operate the device according to this type of precaution could result in death or serious injury.



Improper use of this device may result in an injury or a property damage\*.

\* 'Property damage' refers to damage affecting dwellings, household belongings, or domestic animals and pets.

### ● Symbols



This symbol shows you what you must not do.



This symbol shows you what you must do.



This symbol shows you what you must be careful with.

## **DANGER** (Use and storage)

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### ● **The following individuals should not use the device:**

Use of the device could cause electronic medical devices to malfunction.

- ◆ Do not use the device in conjunction with any medical electronic equipment, including:
  - pacemakers or other implanted electronic medical devices;
  - artificial heart-lung machines or other electronic life-support medical devices; and
  - electrocardiographs or other worn electronic medical devices.



**Prohibited**

## **WARNING** (Use and storage)

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### ● **Do not use the device under the following conditions:**

Failure to comply may cause accidents or other problems.

- If you have existing or suspected epilepsy, heart disease, or related disorders
- Infants or those who are unable to express their intentions on their own
- If you are unable to sense temperature or stimulation
- If you have an autoimmune disease

Consult a physician prior to use under the following conditions:

- If you have an acute disease
- If you have an infectious disease
- If you have a malignant tumor
- If you have a febrile disease
- If you have high blood pressure or a blood disease
- If you have a fever
- If you have sensory impairment due to severe peripheral circulatory dysfunction (e.g. diabetes)
- If you have a nerve damage
- If you have a skin disease or atopic dermatitis
- If you are a hospital outpatient and are taking medication
- If you have a pre-existing skin condition, such as an allergic constitution or contact dermatitis, or if you have a concern about your skin when using this device

### ● **Do not use in the following cases or on the following areas.**

Failure to comply may cause accidents or other problems.

- If your skin is damaged, experiencing a rash, inflammation, or other abnormalities
- If you are under the influence of alcohol
- Head
- Anywhere inside the mouth, around the pubic region, or any mucous membrane
- Eyeballs
- Upper eyelids
- Lower eyelids, outer corner of the eye (except in eye treatment)
- Throat
- Bulging moles
- Viral warts
- Areas where you have broken a bone
- Areas of internal bleeding, swelling or scabbing after cosmetic medical procedures

\* Avoid using the device for 2 weeks after cosmetic medical procedures. After this period, consult with a physician and only use the device if the physician confirms there is no problem.

- (e.g. Hyaluronic acid injections, silicone injections, Botox, thread lifts, double eyelid surgery, HIFU, etc.)
- Areas where metal was implanted by surgery (reconstructive surgery, plastic surgery, cosmetic surgery, etc.)

### ● **Do not use the device for a long time over areas where the skin is thin or areas above bones.**

Failure to comply may cause skin problems or physical ailments.



**Prohibited**

## **WARNING** (Use and storage)

- **Do not overuse the device. For usage time and frequency, follow the instructions in the User's Manual.**  
Failure to comply may cause physical injuries.
- **Before use, check to make sure the electrode and treatment head are not cracked, deformed or broken. Do not use the device if it is damaged or malfunctioning.**  
Failure to comply may cause injuries or skin problems.
- **Do not use, store or charge the device in the following locations:**
  - In bathrooms or near bathtubs, showers, washbasins or other containers filled with water
  - Dusty areas
  - Outdoors or a location where there is exposure to direct sunlight
  - Slope, or a location where there is vibration or shocks
  - A location where there are strong radio waves or magnetism
  - Near a flammable substance (such as alcohol, thinner, benzene, nail polish remover or spray).
  - A location where there is exposure to oil smoke or steam
  - A location that may become hot, such as near a heating device (e.g. a heater)
  - A location with drastic temperature changes (near an air conditioner or heater)Failure to comply may cause a fire, electric shocks, accidents, malfunction of the device, falls or injuries.
- **Do not use the device if the AC adapter is damaged.**  
Inquiry the Global After Service (<https://www.ya-man.co.jp/en/support/repair/>) or your local distributor and use the dedicated AC Adapter.
- **Do not pull out the plug from a power outlet or pull out the plug from the device during use.**  
Failure to comply may cause an electric shock or a fire due to a short circuit. Be sure to turn off the power before pulling out the plug.



Prohibited

- **Do not leave the device unattended while it is turned on.**  
Failure to comply may cause a fire or other accidents.
- **Always use the dedicated AC adapter.**  
Failure to comply may cause an electric shock, a short circuit or a fire.
- **Do not use the device for any purpose or in areas other than those stated in the User's Manual.**  
Failure to comply may cause a malfunction of the device or injuries.
- **Sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.**
- **Children shall not play with the device**
- **Cleaning and user maintenance shall not be done by children without supervision.**
- **Cleaning and user maintenance shall not be done by children without mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.**  
Failure to comply may cause an accident or an injury.
- **Keep the device and AC adapter away from children and do not allow them to use it alone. Do not allow children to play with the device.**  
Failure to comply may cause an accident or an injury.
- **Do not dispose of the device in a fire or place it near fire or flames. Do not use, charge or store in a high-temperature or high-pressure area.**  
The device features a built-in rechargeable battery. Failure to comply may lead to the generation of heat, a fire or explosion.



Prohibited



Non-intended uses are prohibited



User restrictions



Fire hazard

## **WARNING** (Use and storage)

- **If the device is dropped or damaged, turn off the power immediately, pull out the plug, and request a repair/inspection.**

Failure to comply may cause a fire or electric shock.

- **Use at AC100-240V only to avoid a potential fire or electrical shock hazard. Make sure the plug is fully inserted into the power outlet.**

Failure to comply may cause a fire, electric shock, a malfunction of the device or an accident.

- **Do not disassemble, attempt to repair or modify this device in any way.**

Failure to comply may cause a fire, electric shock or other injuries. Contact your local distributor for advice on repairing the device.

- **If you feel an earthquake, see lightning or hear thunder, turn off the power and unplug the device.**

Failure to comply may cause a fire or electric shock.

- **When disconnecting the plug from a power outlet, be sure to pull it out by grasping its head instead of the cord (do not touch the metal parts). Do not insert or disconnect the plug with wet or damp hands.**

Failure to comply may cause an electric shock, short circuit, fire or failure of the device.

- **After using the device, when the device is not in use and when cleaning it, be sure to turn off the power and remove the plug from a power outlet.**

Make sure to disconnect the AC adapter from a power outlet after charging is completed. Failure to comply may cause a fire or other accidents.



Mandatory  
compliance



Disassembly  
is prohibited



Removing  
the plug

- **Do not exceed the rated capacity of a power outlet or wiring accessory (do not connect too many plugs to one outlet).**

Failure to comply may cause an electric shock, short circuit, fire or failure of the device.



Overloading of  
an electric circuit  
is prohibited

- **Do not use if the AC adapter is damaged or if the wall socket is too loose.**

Failure to comply may cause an electric shock, short circuit, fire or failure of the device. Contact your local distributor for advice on repairing the device.



Use of a damaged  
cable or plug  
is prohibited

- **Do not damage or modify the AC adapter. Do not apply unnecessary force, bundle or twist.**

Failure to comply may cause the cable to break, resulting in a fire or an electric shock. Straighten out any twists in the cord before storing.



Careless or  
reckless use  
is prohibited

## CAUTION (Use and storage)

- **Do not press the device strongly or use it intensively on a single area.**

Pressing the device stronger than necessary or using it intensively on a single area may damage the skin.

- **Do not use while driving.**

Failure to comply may cause accidents or injuries.

- **Do not allow the device to come into contact with another beauty device or electronic appliance while the power is on. Do not use with other electronic products (electric blankets, bed sheets, heated tables, etc.) at the same time.**

Failure to comply may lead to accidents due to malfunctions.

- **Do not look directly into the LED light. When using the LED light to treat areas around the upper eyelids, lower eyelids or outer corner of the eye, be sure to close your eyes and keep the electrode head at least 5 cm away from your skin.**

Failure to comply may cause damage to your eyes or skin.

- **Use only Level 1 upon the first use and until you are accustomed to use.**

**Even if you do not feel any stimulation, make only small adjustments to the intensity level. Use the device at an intensity level that suits you.**

Make only gradual adjustments to the intensity level. Failure to comply may cause an accident or an injury.



Prohibited



Mandatory compliance

- **Check carefully that your skin is not showing any abnormalities during the treatment. Stop using the device immediately if you start to feel pain, fatigue or if you see any skin reaction during use.**

Stop using the device immediately if the treatment does not agree with your skin. If symptoms persist the following day and beyond, consult a physician.

- **If you are currently undergoing dental treatment or have teeth fillings, choose a lower intensity level and apply the device on a different area.**

You may feel strong irritation or discomfort due to EMS on your cheeks or chin.

If you feel strong discomfort, consult a physician.

- **Avoid using the device on the same area for longer than 3 minutes.**

When using on the same area again, be sure to leave an interval of more than 24 hours between treatments.

Excessive use may damage the skin. The above recommendations are merely guidelines. Please observe your skin condition and use the device accordingly.

- **If a power failure occurs, turn off the power immediately and unplug the device from the power outlet.**

Failure to comply may cause an accident.



Mandatory compliance



Removing the plug

## When Using Outside of Japan

### **WARNING**

- **Use at AC100-240V only to avoid a potential fire or electrical shock hazard.**

Failure to comply may cause a fire, electric shock or a failure of the device.

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**Mandatory  
compliance**

- **Be sure to check the plug configuration and the voltage of the power outlet before use.**

Failure to comply may cause the generation of heat, a fire, or a malfunction of the device.

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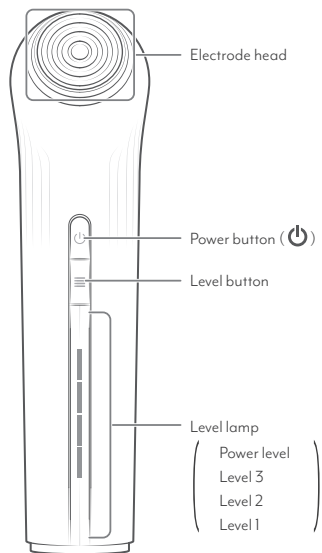
**Fire hazard**

- The plug configuration and voltage may vary depending on the region and the type of accommodation. Always be sure to check for compatibility before using the device.
- For information about plug adapters, consult a consumer electronics retailer.

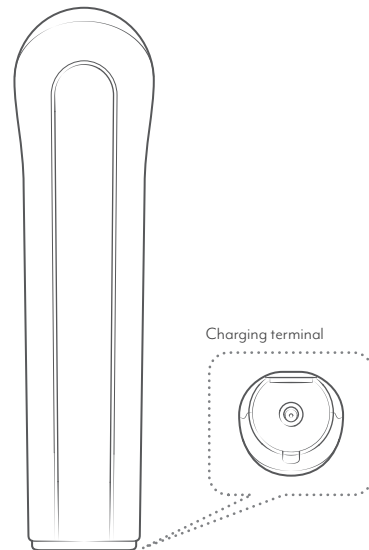
# Names and Functions of Components

## Main Body

### ● Front view



### ● Back view



## Accessories

● AC adapter

● Skin care product

● User's Manual



## Functions

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### Safety functions

- Temperature sensor Output will be reduced automatically for safety reasons when the temperature on the skin or the electrode head rises. If the temperature becomes too high, the power will be turned off for safety. (When this happens, the electrode head flashes and beeps five times) If this happens, let the device rest for about 30 minutes.
- Current sensor Measures the current output value and controls the output to avoid excessive current.
- Motion sensor The motion sensor detects movement of the device and pauses output for safety reasons when the electrode head has been used on the same area continuously. When movement of the device slows, the motion sensor may reduce the level of warmth.
- Touch sensor When both touching of the device on your skin and the current sensor are detected, the LED lights up and the output is activated. The timer only counts up when the device is touching your skin.

### Timer / Standby

Recommended time of use about 6 minutes for the entire face (for levels 1 to 3) after the current sensor + touch sensor are activated, and about 10 minutes for the Power level (if you change the level partway through treatment, the level 1 to 3 timer will continue to count up). 3 minutes after the end of half-face treatment (for levels 1 to 3) or after a set time from the end of each treatment (for the Power level), a buzzer will sound and RF and EMS output will be paused (standby function).

The Power button (⏻) and Level lamp will flash. When you are ready to start the treatment, press the Power button (⏻) to restart.

### Auto power-off

Immediately after the end of all modes, or if the device is not operated within approx. 5 minutes of going into standby mode, the device will be turned off automatically after 2 short beeps (Auto Power-off).

### Charging guide display

Power button (white, orange or red) indicates remaining battery levels.

If the rechargeable battery's remaining level is low when the power is turned on, the button will start flashing and a buzzer will sound.

The remaining battery level display will differ according to the condition of the battery and the operating environment.

### Personal memory function

The device remembers the level being used and whether EMS was turned on/off when the last treatment ended, and returns to the same settings the next time it is switched on.

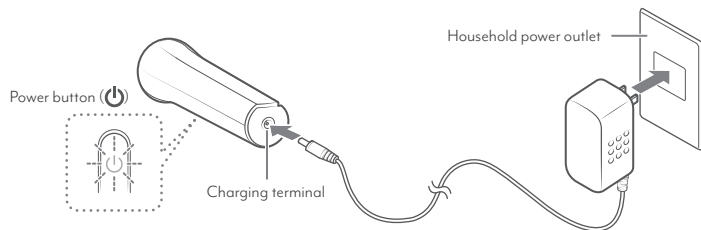
### Resistance factor control

This feature detects how easily the skin current flows and controls the current so that the treatment can be performed with the appropriate output.

## Before Use

### Charge the device

This product can be used either cordless or by connecting it to an AC adapter.



You can check the remaining battery level through the Power button (⏻).

Remaining battery level indicator	
White light	The battery is sufficiently charged.
Orange light	The battery level is low.
Red flash	Charge the battery. Or connect the device to an AC adapter.

- While the battery is charging, the Power button (⏻) will blink on and off.
- When the battery has fully charged, the Power button (⏻) will be on for approx. 5 seconds and then will switch off. Disconnect the AC adapter.
- At an indoor temperature of approx. 25°C, it will take about three hours to reach a full charge, at which point the device can operate for about 30 minutes. Actual charging time and operating time will differ depending upon the remaining battery level and the charging environment.

\* If charging does not begin after approx. 10 seconds, check if the AC adapter connection is loose.

- This device is not waterproof. If water droplets should fall on the main unit or the charging terminal, wipe them off immediately and thoroughly. Storing or charging the device with water droplets on it could cause a malfunction.
- When you have not used the device for a long period of time, check to see that it is functioning normally before re-starting use. Failure to comply may cause an accident or a malfunction of the device.
- Fully charge the battery before using the device for the first time.
- When using the device for the first time or when the device has not been used for an extended period of time, it is possible that you will be unable to use the device for very long even with a full charge displayed. In such a case, recharge the device before using it.
- Use only the included AC adapter.

CAUTION

## Pre-testing on skin

When using the device for the first time, always test for compatibility.



### CAUTION

- Be sure to perform a pre-test in order to prevent skin problems from occurring.
- If a rash, redness, itchiness, stinging sensation, or other abnormality occurs at the pre-testing area, immediately stop the pre-test.
- Check carefully that your skin is not showing any abnormalities during the treatment. Stop using the device immediately if the treatment does not agree with your skin.
- Remove all metal accessories (watches, necklaces, rings, earrings, etc.) when using the device. Failure to comply may cause an accident or an injury.
- The recommended ambient temperature is between 10 °C and 40 °C.

1

Wash the inner side of your arm with a soap and water, then wipe dry with a towel.

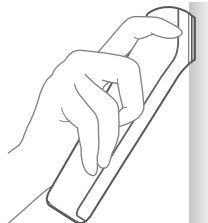


2

Apply the included skin care product (about one pearl-sized drop) to the center of the electrode head, turn the power on, and then use the device for about three minutes while moving it over the skin (page 13).

Be sure to test at Level 1.

#### How to hold the device and use it on your skin



Hold the main unit as shown below, moving it slowly so that the entire electrode head remains in contact with your skin.

- Be sure to move the device with the entire electrode head in contact with your skin.

3

Rub the skin care products remaining on your skin into the skin and check for any abnormalities.

Continue to use the product only if you experience no reddening or burning sensation on your skin within 24 hours.

# How to Use

## Basic method of use

### CAUTION

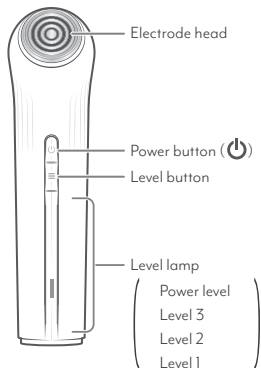
Make sure to remove makeup before using the device on your face.

If you use the device over makeup, the foundation may cause dark staining of the skin.

1

### Turn on the device

Press and hold the Power button. The Power button (⏻), Level button, Level lamp, and electrode head light up, and the RF, EMS, and red LED outputs are activated.



2

### Select the level

Each time the Level button is pressed, levels can be adjusted (Level 1 → Level 2 → Level 3 → Power level → Level 1 → Level 2...).

You can check the treatment level from the Level lamp.



#### EMS on/off switch

Press and hold the Level button to switch EMS on/off.  
(Level button lit: EMS on; unlit: EMS off)

\* When using the Power level, EMS cannot be turned off.

### CAUTION

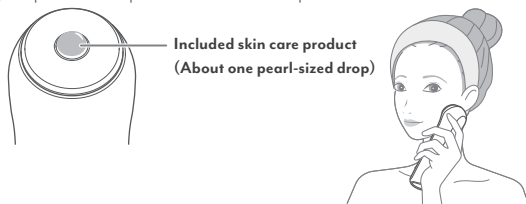
Use only Level 1 upon the first use and until you are accustomed to use.

3

### Apply the included skin care product to the center of the electrode head, then apply the electrode head to the skin and move it around.

Divide the facial treatment in eight areas (pages 13-14).

Apply one pearl-sized drop of the included skin care product for each area.



CAUTION

- Do not apply the included skin care product with your hand. Failure to comply may cause the skin care product to stick on the device or cause it to slip and fall.
- Please reapply skin care products or water during treatment to ensure there is always some liquid between the electrode head and the skin. If there is an insufficient amount of skin care product or water, the stimulation will become weaker, causing skin problems.
- If the device does not move smoothly, apply more of the included skin care product.
- Use in a position in which the entire surface of the electrode head comes into a contact with your skin.
- Be sure to move the device on your skin while it is in use.
- If it feels too hot, move it a little more quickly or lower the level.
- Please carefully clean the parts of the device that come into contact with the skin every time you use it and keep the device clean at all times. Failure to comply may cause skin problems.

4

### Care for the skin after treatment

After treatment is complete, rub the remaining skin care product into the skin and use your usual basic skin care products to condition the skin.


After each use, refer to 'After Treatment' and remove the remaining sebum, skin care product and other particles stuck to the device.

Failure to comply may cause a malfunction of the device or skin problems.

CAUTION

See 'How to move the device' (pages 13-14) for information on how to move the device correctly.

- If you feel an unpleasant tingling on your skin, reduce the intensity level or move to another area. You could also moisten the skin with water, lotion or gel before using the device. Failure to comply may cause damage to your skin.
- Throat, eyeball, upper and lower eyelids, outer corner of the eye (except in eye area treatment).
- Do not leave skin care products on the electrode head while the power is turned on.

 Areas you should not treat



## How to move the device in levels 1 to 3

Move the device in the directions of the arrows in order from ① to ④ below. Perform the treatment for the right side of the face as indicated below.

### ① Eye area treatment



Apply the included skin care product

Move the device from your nose to the inner corners of your eyes and then to the outer corners.



One long beep  
After approx. 30 seconds

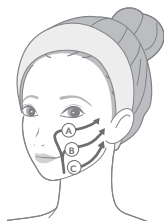
### ② Face contour treatment



Apply the included skin care product

Move the device towards the sides of the neck as if lifting the jawline upwards. Repeat this movement 3 times.

### ③ Smile lines treatment



Apply the included skin care product

Move the device smoothly in the direction of the arrows, repeating A, B, and C three times

### ④ Forehead treatment



Apply the included skin care product

Move the device in a zigzagging direction from the area between your eyebrows toward your temple. Repeat this movement 3 times.

Left side of the face

Approx. 3 min.\*

Right side of the face

Approx. 3 min.\*

\*This refers to the time during which the device is touching your skin and the touch sensor is activated. The device will not output current when it is not touching your skin.

- Recommended speed for moving the device: 4 cm/second
- Recommended duration of use: about 6 minutes per use (over the entire face)
- After treating around the eyes, the device will make one long beep and the output will pause. When the beep ends, begin the next stage of your treatment.
- **The device will make one long beep after approx. 3 minutes and the treatment will pause. Please use this as a guide. To restart, press the Power button (⏻).**
- If you want to stop the treatment during use, press the Power button (⏻) for at least one second to turn off the power.

## How to move the device in Power level

Move the device as shown in diagrams ① to ④ below repeatedly to perform treatment. Take each circled letter as the starting point and move the device in the directions of the arrows. Perform the treatment for the right side of the face as indicated below. \* In Power level, the output varies depending on the area treated.

### ① Eye area treatment



Apply the included skin care product

- A** Move the device upward from your nose to the inner corner of your eyes and let it slide to the outer corners  
**B** Move the device from the outer corner of eyes to your temple  
**C** Move the device in a circle in the area between your eyebrows  
**D** Move the device to your temple then move it in an upward direction
- When the standby function is activated
- Level lamp
- After about 70 seconds →

### ② Face contour treatment



Apply the included skin care product

- A** Move the device in an upward direction while making circles  
**B** Move the device in an upward direction along the jawline and then move it downward along the neck
- When the standby function is activated
- After about 60 seconds →

### ③ Smile lines treatment



Apply the included skin care product

- Move the device in an upward direction from around the mouth while making circles in the order **A**→**B**→**C**, and move it along the cheekbone
- Move the device in an upward direction while making circles in the order **A**→**D**→**E**
- Move the device in an upward direction while making circles in the order **A**→**F**
- Make five circles at the points shown as **G** each time
- When the standby function is activated
- After about 110 seconds →

### ④ Forehead treatment



Apply the included skin care product

- Move the device from above the eyebrows toward the hairline while making circles
- When the standby function is activated
- After about 60 seconds →

When the entire face has been treated, the device will shut off entirely.



- Solid lighting  
 Flashing  
 OFF

Left side of the face

Approx.  
5 min.\*

Right side of the face

Approx.  
5 min.\*

\* This refers to the time during which the device is touching your skin and the touch sensor is activated. The device will not output current when it is not touching your skin.

- Recommended speed for moving the device: 4 cm/second.
- Recommended duration of use: about 10 minutes per use (over the entire face).
- **After a set period of time (approx. 5 minutes), the standby function will be activated and paused. To resume, press the Power button (⏻).**
- If you want to stop the treatment during use, press the Power button (⏻) for at least one second to turn off the power.

## After Treatment

### How To Clean

Please carefully clean the parts of the device that come into contact with the skin every time you use it and keep the device clean at all times.

Failure to comply may cause skin problems.

**1 When cleaning the device, be sure to turn it off and disconnect the AC adapter from the main unit.**

Failure to comply may cause an electric shock, short circuit or fire.

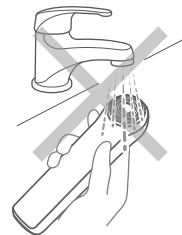
**2 Wipe off any dirt using a well-wrung soft cloth or similar material.**

• For stubborn stains, wipe gently with a cloth soaked in a diluted neutral detergent.

• Remove any skin care products remaining between the electrode rings of the electrode head with a cotton bud or cotton pad.

**! WARNING ● Do not wash the device in water.**

This device is not waterproof. Doing so may cause a failure of the device.



**CAUTION**

- Do not leave the device with skin care products on it.
  - Do not wipe the device with solvents such as alcohol, thinner, benzene, nail polish remover, kerosene, chemicals or polishing powder.
- Failure to comply may cause damage to the surface of the device.





## Storing

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- Store in a clean, well-ventilated place out of the reach of children.
- Remove the AC adapter from the main unit and the power outlet when not in use for a long period of time.
- Do not leave the device in hot or humid places, such as near flames, in bright sunlight or in a bathroom.

## Maintenance and Inspections

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- When you have not used the device for a long period of time, check to see that it is functioning normally before re-starting use.  
Failure to comply may cause an accident or a malfunction of the device.
- If the device is malfunctioning, go to 'Troubleshooting' (page 17) and attempt to identify the problem before arranging to have the device repaired.  
If the problem persists, inquiry the Global After Service (<https://www.ya-man.co.jp/en/support/repair/>) or your local distributor.
- If the device malfunctions, appears damaged, or needs service, please contact your local distributor.

## Additional Information

**Troubleshooting** If you perceive any abnormality while using the device, verify the following points before arranging to repair.

Symptom	Possible causes and solutions
<b>The device does not turn on</b>	Press and hold the Power button (⏻) for about one second.
	The device has run out of power. Charge the battery (page 9).
<b>The device shuts off</b>	<p>The device is in standby or Auto-off status (page 8). Press the Power button (⏻) to turn the power on (Standby function). If the device is not operated within five minutes of going into Standby function, it will switch off automatically (Auto Power-off). If the device is left at low temperature for a long time, it may turn itself off. After leaving it at the recommended ambient temperature of between 10 °C and 40 °C for a while, check the charging status and press again the Power button (⏻) and keep it pressed for about one second.</p>
<b>The device only operates for a few minutes even after charging</b>	The device will automatically switch off approx. 6 or 10 minutes after the treatment started.
	The battery level is low. Charge the battery (page 9).
	The battery has expired. Consult the Global After Service ( <a href="https://www.ya-man.co.jp/en/support/repair/">https://www.ya-man.co.jp/en/support/repair/</a> ) or your local distributor.
	At low temperature, the power may switch off immediately. Use the device while charging it.
<b>The device does not start charging.</b>	Insert the included AC adapter into the main unit (page 9). Check to make sure the cable is not loose.
	Connect the included AC adapter to a wall socket (page 9).
<b>The radio frequency (RF) feels too hot</b>	The device has been pressed against the same area of skin for too long. Be sure to keep the roller moving over the skin during operation.
	Move the device a little quicker.
	Lower the level. Be sure to use Level 1 on the first use.

Symptom	Possible causes and solutions
<b>The radio frequency (RF) does not feel warm.</b>	Your skin is dry. Moisturize your skin by applying the included skin care product.
	Raise the level.
	Once started, after the end of half-face treatment (for levels 1 to 3) or after a set time from the end of each treatment (for the Power level), RF and EMS functions will be paused (timer/standby function). Press the Power button (⏻) to restart.
	RF may also become weaker when the remaining charge is low. Charge the battery (page 9).
<b>EMS causes uncomfortable tingling or pain.</b>	Lower the level. Be sure to use Level 1 on the first use.
	Use in a position in which the entire surface of the electrode head comes in contact with your skin.
<b>The EMS feels weak or I cannot feel it at all.</b>	Raise the level.
	Your skin is dry. Moisturize your skin with the included skin care product.
	Depending on muscle mass, there may be some skin areas where it is difficult to feel the EMS.
	EMS output is turned off. Press and hold the Level button (page 11). (In Power level, EMS is always ON)
	3 minutes after the end of half-face treatment (for levels 1 to 3) or after a set time from the end of each treatment (for the Power level), RF and EMS functions will be paused (timer/standby function). Press [the Power button (⏻) to restart.
	EMS may also become weaker when the remaining charge is low. Charge the battery (page 9).
<b>The Power button light turns red (orange).</b>	It is displaying the remaining battery level (page 8).
<b>The level does not begin at Level 1.</b>	This is the Personal Memory Function (page 8) operating.
<b>The LED is dim</b>	The device has a touch sensor, so when it is not touching the skin or when your skin is not sufficiently moisturized, the LED will become dim.

## Frequently Asked Questions

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**Q** What is the recommended duration and frequency of use?

**A**

**As a general rule, use it once a day (for 6 minutes, or 10 minutes on Power level), 5 days a week.**

\* Please observe your skin condition and use the device accordingly.

\* Check carefully that your skin is not showing any abnormalities during the treatment. Stop using the device immediately if the treatment does not agree with your skin.

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**Q** Can I use the device continuously?

**A**

We recommend using the device once a day (for 6 minutes, or 10 minutes on Power level).

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**Q** How much of the skin care product should I use each time?

**A**

Apply about 8 pearl-sized drops of the included skin care product for the entire face.

It is possible to use skin care products that you already own if they are water-soluble.

If you are using skin care products that you already own, use the recommended usage amounts as guided.

We recommend using gel skin care products.

If you feel that the amount of skin care product is insufficient, add more.

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**Q** Can I use the device in the bathroom?

**A**

This device is not waterproof. Do not use the device in the bathroom.

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**Q** My skin feels hot after use.

**A**

This is due to the heat of the radio frequency (RF).

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**Q** The electrode head does not warm up.

**A**

The radio frequency (RF) does not warm the electrode head. Rather, it uses the power of electricity to warm your skin.

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**Q** What happens when I increase levels?

**A**

As the levels increase, your skin is warmed more quickly and strongly. You will also feel the EMS more strongly.

\* Use only Level 1 when starting until you are accustomed to use.

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**Q** Can I wash the device with water?

**A**

This device is not waterproof. Do not wash it with water. Doing so may cause a failure of the device.

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## Product Specifications

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<b>Rated Power Supply</b>	DC9V 3.0A
<b>Power consumption</b>	Approx. 21 W
<b>Battery</b>	Lithium-ion battery
<b>Charging time</b>	Approximately three hours (May vary depending on the charging environment.)
<b>Operating time</b>	Approx. 30 minutes (from a fully charged state) *Operating time may vary with conditions of use and the EMS level.
<b>Outside dimensions</b>	Approx. W47 x D47 x H181 mm
<b>Weight</b>	Approx. 180 g
<b>Materials</b>	Main unit: ABS resin and polycarbonate Electrode head: PET resin and stainless steel
<b>Country of origin</b>	Japan
<b>Accessories</b>	One AC adapter One skin care product User's Manual
<b>Recommended environmental temperature</b>	10°C to 40°C

## After-sales service

### Contacts for overseas customers

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For countries and regions outside Japan, please contact the store where you purchased your product for any inquiries.

Alternatively, check the YA-MAN GLOBAL Official Website (<https://www.ya-man.com/en/>)

Official website: <https://www.ya-man.com/en/>

## Rechargeable battery

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- This appliance contains batteries that are only replaceable by skilled persons.
- The rechargeable battery is a consumable item (not covered by the product warranty).
- The battery is expected to last 300 charge cycles. If the device no longer operates for more than a short period of time even after the battery has been recharged, the battery may have reached the end of its service life.
- Consult the Global After Service (<https://www.ya-man.co.jp/en/support/repair/>) or your local distributor for battery replacement.

## Disposing of the device

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- Follow your local government rules for proper disposal of this product.
- This product uses a lithium-ion battery.



## Correct Disposal of this product

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- This marking indicates that this product should not be disposed with other household wastes throughout the UK and EU. To prevent possible harm to the environment or human health from uncontrolled waste disposal, recycle it responsibly to promote the sustainable reuse of material resources. To return your used device, please use the return and collection systems or contact the retailer where the product was purchased. They can take this product for environmental safe recycling.



## How to remove the battery for disposal

The lithium-ion battery used in this product is a valuable recyclable resource.

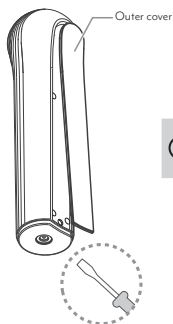
- The battery must be removed from the appliance before it is disposed of.
- Be sure to turn off the power and disconnect the adapter before removing the batteries.
- Use a screwdriver to remove the battery, being careful not to injure yourself.
- When removing the battery, be careful not to damage it with a hard object.\* Failure to comply may cause the generation of heat or a fire.
- Follow your local government rules for proper disposal or recycling of removed battery.

## Operation Steps

Refer to figures 1 to 4 below to remove the battery.

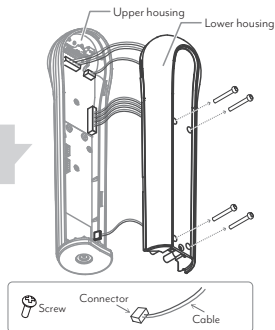
- 1 Remove the outer cover using a flat-tipped object like a flatheaded screwdriver.

\* It is fixed with strongly adhesive tape

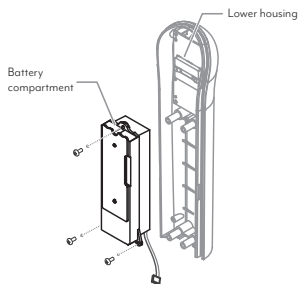


! Do not cut the cable.

- 2 Remove the four screws on the lower case, separate the upper case from the lower case and disconnect the cable from the connector.

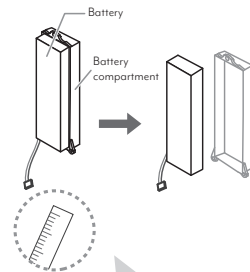


- 3 Unscrew the 3 screws on the lower housing and remove the battery compartment.



- 4 Remove the battery using a flat object like a plastic ruler.

\*It is fixed with strongly adhesive tape



! Pay attention not to damage the battery



This figure is intended to be used for disposing of the product, not repairing it. Disassembling the device by yourself may cause a failure.